



LaNease Adams

SAG-AFTRA

FILM

BEAUTIFUL THORN	Lead	Dir. Satie Gossett
RUDE BOY-THE JAMICAN DON	Supporting	Dir. Desmond Gumbs
CHATROOM	Supporting	Dir. Barry Bowles
SPANISH FLY	Supporting	Dir. Will Wallace
WIFEY	Supporting	Dir. Barry Bowles

TELEVISION

THE ANDY DICK SHOW	Guest Star	MTV
URBAN WRESTLING ALLIANCE	Series Regular	CW
THE BACHELOR- SEASON 1	Series Regular	ABC
MAKIN' NOISE	Host	WB
THE X SHOW	Guest	FX
TO TELL THE TRUTH	Guest	ABC

THEATRE

Loving Him	Renee'	Hudson Theater
Saint Joan	Joan of Arc	Person Theater

TRAINING

Scene Study	Ivana Chubbuck	Los Angeles, CA
Improv	The Groundlings	Los Angeles, CA
Audition Tequnique	Aaron Speiser	Los Angeles, CA
Scene Study	Aaron Speiser	Los Angeles, CA
Commercial On-Camera	Hey I Saw Your Commercial!	Los Angeles, CA
Soap Opera Technique	Mark Teshner	Los Angeles, CA
Soap Opera Technique	Michael Donovan	Los Angeles, CA
Stage Training	Anthony Bish	Rohnert Park, CA
Scene Study	Bobbie Chance	Los Angeles, CA

SPECIAL SKILLS

Handgun Training, Basketball, Track & Field, Cross Country Racing, Skating, Cycling, Boxing, Hiking, Swimming, Horseback Riding, Modern Dance
5'7"